



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## METROWEST YMCA

September 2023

### Lifeguard, Framingham

#### POSITION SUMMARY:

The Lifeguard is responsible for maintaining safe swimming conditions in the pool, deck, and surrounding areas. Creates a safe and positive atmosphere that promotes member safety and engagement in accordance with YMCA policies and procedures. Maintains effective, positive relationships with the members, participants and other staff. Maintains active surveillance of the pool area. Is proactive in injury prevention. Knows, understands, and consistently applies safety rules, policies and guidelines for aquatic areas. Maintains accurate records as required by the YMCA and/or the state Health Department code. Performs equipment checks and ensures appropriate equipment is available as needed. Checks the pool for hazardous conditions when arriving and during shift. Cleans pool deck area when not guarding, as required, and takes appropriate action. Requires ability and desire to interact with and provide service to people of all ethnic backgrounds, ages, and lifestyles. **Pay from \$22.00/hour!** Equal Opportunity Employer

#### ESSENTIAL FUNCTIONS:

1. Maintains active surveillance of the pool area and ability to respond – 10/10 rule at all times (scanning the entire assigned zone every 10 seconds and ability to respond within 10 seconds).
2. Knows/reviews all emergency procedures and responds to emergency situations immediately in accordance with YMCA policies, procedures, and the “safe-in-six” model. Completes related reports as required.
3. Maintains effective, positive relationships with the members, participants and other staff.
4. Knows, understands, and consistently applies safety rules, policies and guidelines for the pool and aquatic area. Maintains accurate records as required by the YMCA and/or the state Health Department code.
5. Leads swim lessons as directed.

6. Assists in summer camp operations as needed.
7. Maintains a clean facility by performing housekeeping duties as assigned.
8. Performs equipment checks and ensures appropriate equipment is available as needed.
9. Checks the pool for hazardous conditions when arriving.
10. Performs chemical testing at appropriate times of the day, as required, and takes appropriate action.
11. Attends all staff meetings and training as required.
12. Other duties as assigned.

### **QUALIFICATIONS:**

Must be 16 years or older with current YMCA or American Red Cross Lifeguard Certification, CPR for the Professional Rescuer, and First Aid. Includes some weekends. Bilingual applicants (Portuguese or Spanish) are encouraged to apply.

### **PHYSICAL DEMANDS**

Must be able to hear and see activities and problems as they occur. Ability to lift equipment, and to lift a small to average size person.

Qualified and interested applicants please submit a cover letter and resume to [Employment@metrowestymca.org](mailto:Employment@metrowestymca.org) or apply online.

**TO APPLY, CLICK HERE TO FILL OUT THE APPLICATION. THEN, SAVE YOUR APPLICATION AND EMAIL IT TO EMPLOYMENT@METROWESTYMCA.ORG**