



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## METROWEST YMCA

August 2024

### **Nutrition After School Youth Mentor, Framingham**

Our culture brings our mission and core values to life. At the MetroWest YMCA, we strive to live our cause of strengthening communities with purpose and intentionality every day. **We are welcoming:** we are open to all. We are a place where you can belong and become. **We are genuine:** we value you and embrace your individuality. **We are hopeful:** we believe in you and your potential to become a catalyst in the world. **We are nurturing** and we support you in your journey to develop your full potential. **We are determined:** above all else, we are on a relentless quest to make our community stronger, beginning with you. **The pay range for this part-time position is \$15.00 - \$20.00 per hour based upon experience!** Equal Opportunity Employer.

#### **POSITION SUMMARY:**

The **part time Nutrition After School Youth Mentor (varied weekdays 2:00 – 5:00pm) at the MetroWest YMCA will engage students enrolled in the 21st century afterschool program. Nutrition After School Youth Mentors will facilitate project-based learning activities focused on nutrition, culinary exploration, and physical activities.** This position will promote social emotional learning and will provides a quality experience to children and their families in accordance with the MetroWest YMCA philosophy, policies, and practices. **Pay \$15.00 - \$20.00 per hour based upon experience and free MetroWest YMCA membership!**

#### **ESSENTIAL FUNCTIONS:**

Under the supervision of the Director of Nutrition Education:

1. Engage, lead, and supervise a group of children and teens using positive guidance and support.
2. Implement program activities that are culturally relevant, developmentally appropriate and consistent with YMCA priorities in wellness.

3. Assist with development of curriculum based on cultural, behavioral, and skill set of participants.
4. Must be able to promote team building, demonstrate critical thinking, and display conflict resolution skills.
5. Adhere to program standards including safety and cleanliness standards.
6. Attend staff meetings and participate in required training in accordance with individual professional development plan and EEC regulations.
7. Serve as a role model for staff and students through professionalism, positive attitude, compassion, and leadership.
8. Act as a liaison between the MetroWest YMCA and Framingham Public Schools partnership to fulfill program and partnership goals.
9. Follow YMCA, EEC, and FPS policies and procedures, including those related to medical and disciplinary situations, child abuse prevention, and emergencies.
10. Maintain positive relations with children, families, host school personnel, and other staff. Model relationship-building skills in all interactions.
11. Other duties as assigned.

#### **QUALIFICATIONS:**

1. High school graduate or equivalent; one year or more of college preferred.
2. Previous experience working with children preferably in a structured setting
3. Experience preferred in one or more of the following areas: education, nutrition, psychology, recreational games, etc.
4. Previous experience with diverse populations preferred.
5. Driver's license with satisfactory driving record and access to personal vehicle for transporting materials.

#### **WORK ENVIRONMENT AND PHYSICAL DEMANDS:**

- The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

- Ability to plan, lead and participate in a range of activities in a variety of outdoor/indoor settings.
- While performing the duties of this job, the employee is regularly required to use a computer for extended periods and be able to communicate using a computer and phone/smart device.
- The employee frequently is required to sit and reach and must be able to move around the work environment.
- The employee must occasionally lift and/or move more than 25 pounds.
- Specific vision abilities required by this job include close vision, distance vision, and the ability to adjust.
- The noise level in the work environment is usually moderate.

**To Apply:**

Download the [application](#) and email it including a resume to [Employment@Metrowestymca.org](mailto:Employment@Metrowestymca.org)