



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

METROWEST YMCA

January 2024

Camp Lifeguard, Hopkinton

At the MetroWest YMCA, our cause defines us. We know that lasting personal and social change comes about when we all work together. That's why, at the Y, strengthening community is our cause. Every day, we work side-by-side with our neighbors to make sure that everyone, regardless of age, income or background, has the opportunity to learn, grow and thrive.

Imagine going to work knowing that what you do each day positively impacts the lives of the people in your community. Working at the Y, you'll discover more than a job - you'll enjoy a career with a future and the opportunity to make a lasting difference in the lives of those around you. **Pay range up to \$16.00-\$18.00 per hour depending on experience! Job runs from June to August 23.** Equal Opportunity Employer.

POSITION SUMMARY:

Maintains safe swimming conditions in the pool, deck, and surrounding areas. Creates a safe and positive atmosphere that promotes member safety and engagement in accordance with YMCA policies and procedures.

ESSENTIAL FUNCTIONS:

Maintains active surveillance of the pool area and ability to respond – 10/10 rule at all times (scanning the entire assigned zone every 10 seconds and ability to respond within 10 seconds).

2. Knows/reviews all emergency procedures and responds to emergency situations immediately in accordance with YMCA policies, procedures, and the "safe-in-six" model. Completes related reports as required.

3. Maintains effective, positive relationships with the members, participants and other staff.

4. Knows, understands, and consistently applies safety rules, policies and guidelines for the pool and aquatic area. Maintains accurate records as required by the YMCA and/or the state Health Department code.

5. Leads swim lessons as directed.

6. Assists in summer camp operations as needed.

7. Maintains a clean facility by performing housekeeping duties as assigned.
8. Performs equipment checks and ensures appropriate equipment is available as needed.
9. Checks the pool for hazardous conditions when arriving.
10. Performs chemical testing at appropriate times of the day, as required, and takes appropriate action.
11. Attends all staff meetings and training as required.

QUALIFICATIONS:

1. Minimum age of 16.
2. Certifications: CPR for the Professional Rescuer, AED, Basic First Aid certification.
3. Current YMCA Lifeguarding or equivalent.
4. Ability to maintain certification-level of physical and mental readiness.
5. Must demonstrate lifeguard skills in accordance with YMCA standards.

PHYSICAL DEMANDS:

1. Hear noises and distress signals in the aquatic environment, including in the water and anywhere around the zone of responsibility. Remain alert with no lapses of consciousness.
2. Meet strength and lifting requirements; able to lift at least 50 lbs.
3. Meet physical requirements of Lifeguard, CPR, and First Aid Certifications. See and observe all sections of an assigned zone or area of responsibility.

SIGNATURE:

I have reviewed and understand this job description.

Employee's name

Employee's signature

Today's date: _____