



Spring 1 Gym Schedule

February 24th to April 20th

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FRONT HALF							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 - 6:00a	Adult Open Gym 5:00-7:00	Adult Open Gym 5:00-7:00	Adult Open Gym 5:00-7:00	Adult Open Gym 5:00-7:00	Adult Open Gym 5:00-8:00		
6:00-7:00a							
7:00-8:00a	Open Basketball 7:00-2:00	Open Basketball 7:00-12:00 (subject to closure 10:30-12:00 on inclement weather days)	Open Basketball 7:00-2:00 (subject to closure 10:30-12:00 on inclement weather days)	Pickleball 7:00-9:00	Pickleball 8:00-10:30	Youth Sports Programming 7:00-2:00	Adult Open Basketball 7:00-10:00
8:00-9:00a				Open Basketball 9:00-12:15 pm (subject to closure 10:30-12:15 on inclement weather days)			
9:00-10:00a							
10:00-11:00a							
11:00-12:00p							
12:00-1:00p							
1:00-2:00p							
2:00-3:00p	Teen Open Gym 2:00-4:15	Teen Open Gym 2:00-4:15	Teen Open Gym 2:00-4:15	Teen Open Gym 2:00-4:15	Teen Open Gym 2:00-4:15	Open Basketball 2:00-6:45	Open Gym 1:00-6:45
3:00-4:00p							
4:00-5:00p	Youth Sports 4:15-6:00	Youth Sports 4:15-6:30	Youth Sports 4:15-7:00	Open Basketball 4:15-6:30	Youth Sports 4:15-6:00	UPCOMING Y EVENTS! Senior Health and Wellness Day 5/28 10am-1pm Mass Bay Night 4/24 4:30-8:00PM Mcauliff School Assembly- 3/13, 4/11, 5/22 7:00am-11:00am Parents Night Out-6:00-9:00PM 2/28, 3/14, 4/11	
5:00-6:00p	Family Open Gym 6:00-7:00						
6:00-7:00p							
7:00-8:00p	Open Basketball 7:00-9:45	Pickleball 6:30-9:45	Open Basketball 7:00-9:45	Pickleball 6:30-9:45	Open Basketball 6:00-9:45		
8:00-9:00p							
9:00-9:45p							

BACK HALF								
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
5:00 - 6:00a	Adult Open Gym 5:00-7:00	Adult Open Gym 5:00-7:00	Adult Open Gym 5:00-7:00	Adult Open Gym 5:00-7:00	Adult Open Gym 5:00-8:00			
6:00-7:00a								
7:00-8:00a	Open Basketball 7:00-2:00 (subject to closure 10:30-12:00 on inclement weather days)	Open Basketball 7:00-9:00	Open Basketball 7:00-9:00	Open Basketball 7:00-10:00	Pickleball 8:00-10:30	Youth Sports Programming 7:00-2:00	Adult Open Basketball 7:00-10:00	
8:00-9:00a		Preschool Open Gym 9:00-12:00	Preschool Open Gym 9:00-12:00	Youth Sports 10:00-12:15				Group Exercise 10:30-12:00
9:00-10:00a								
10:00-11:00a								
11:00-12:00p								
12:00-1:00p								
1:00-2:00p								
2:00-3:00p	Teen Open Gym 2:00-4:15	Teen Open Gym 2:00-4:15	Teen Open Gym 2:00-4:15	Teen Open Gym 2:00-4:30	Teen Open Gym 2:00-4:15	Open Basketball 2:00-6:45	Open Basketball 1:00-6:45	
3:00-4:00p								
4:00-5:00p	Open Basketball 4:30-8:00	Youth Sports 4:00-6:30	Youth Sports 4:15-6:15	Youth Sports 4:30-6:30	Youth Sports 4:30-6:15	UPCOMING Y EVENTS! Senior Health and Wellness Day 5/28 10am-1pm Mcauliff School Assembly- 3/13, 4/11, 5/22 7:00am-11:00am Parents Night Out- 2/28, 3/14, 4/11-6:00-9:00PM Mass Bay Night 4/24 4:30-8:00PM		
5:00-6:00p								
6:00-7:00p								
7:00-8:00p	Pickleball 6:30-9:45	Open Basketball 6:15-9:45	Pickleball 6:30-9:45	Open Basketball 6:15-9:45				
8:00-9:00p								
9:00-9:45p								
8:00-9:00p	Catch Ball 8:00-9:45							

*Youth & Family-Children age 11 and under with parent/guardian and youth ages 12-17

*Open Gym - Open to all ages

*Adult: Ages 18+

*Be Caring*Be Respectful*Be Responsible*Be Honest*

Please be advised that you are participating in all activities at your own risk and you are fully responsible for yourself, your children, your guests and your belongings. The staff has final say on all disputes. Thank you, and enjoy your time.

Pickleball Players: Please note that sign-up on Y360 is required for each session. Any questions on registering through Y360 can be sent to the Sports Director, or Membership Services team. Revised 4/3/2025